

ASSOCIATION OF DIABETES EDUCATORS (INDIA)

9th Annual Virtual Conference

Living Happily with Diabetes
ADECON 2023

May 6 & 7, 2023

- ★ *Eminent Faculty*
- ★ *Didactic Lectures*
- ★ *Workshop on Insulin Effectiveness and Safety*



[Click Here to Register/Login](#)



Conference Secretariat

Patron: Dr HB Chandalia

Scientific Committee:

Chairpersons

Dr Shobha Udipi

Secretaries

Ms Sonal Modi

Members

Ms Shubhda Bhanot

Ms Priyangee Lahiri

Advisors

Dr Benny Negalur

Dr Shaival Chandalia

Organising Committee:

Dr Anand Gokani

Ms Niti Desai

Ms Zankhana Shetty

Ms Sheryl Salis

Dr Meenakshi Bajaj

Scientific Programme

THEME: LIVING HAPPILY WITH DIABETES

DAY 1: MAY 6, 2023, SATURDAY

Time: 8:30 AM – 11:00 AM

8:30 AM – 11:00 AM

WORKSHOP INSULIN THERAPY: MAKING IT EFFECTIVE AND SAFE

8.30 AM – 8.55 AM Choosing appropriate Insulin



Ameya Joshi

8.55 AM – 9.15 AM Patient Education



Shubhda Bhanot

9.15 AM – 9.35 AM Safe Regimes



Vijay Negalur

9.35 AM – 9.55 AM Insulin Titration



Sheryl Salis

9.55 AM – 10.15 AM Tackling insulin resistance in Type 2 diabetes



Anand Gokani

10.15 AM – 10.35 AM Minimizing Hypoglycemia



**Hemraj B.
Chandalia**

10.35 AM – 11.00 AM Audience participation and discussion

Scientific Programme

THEME: LIVING HAPPILY WITH DIABETES

DAY 1: MAY 6, 2023, SATURDAY

Time: 11:00 AM – 4:00 PM

| | | |
|-----------------------|---|--|
| 11:00AM – 12:00 noon | Session 1 Living with Diabetes | Chairperson:  Subhadra Mandalika  Meenakshi Bajaj |
| 11.00 AM – 11.30 AM | Psychosocial and Economic problems faced in Type 1 DM |  Rishi Shukla |
| 11.30 AM – 12.00 noon | Psychosocial and Economic problems faced in Type 2 DM |  Shobha Udipi |
| 12:00 noon – 1:00 PM | Session 2 Effective Counselling Strategies in Diabetes | Chairperson:  Shubhda Bhanot  Vibha Hasija |
| 12.00 noon – 12.20 PM | Effective Counselling Strategies in Type 1 DM |  Prajakta Shailendra |
| 12.20 PM – 12.40 PM | Improving adherence in Type 1 DM |  Archana Sarda |
| 12.40 PM – 1.00 PM | Effective Counselling Strategies in Obese subjects (with or without diabetes) |  Charu Dua |
| 1:00 PM – 1:30 PM | LUNCH BREAK | |

1:30 PM – 1:45 PM

INAUGURATION AND LAMP LIGHTING

1:45 PM – 2:15 PM

PRESIDENTIAL ADDRESS Treatment Algorithms in Type 2 DM



**Hemraj B.
Chandalia**

2:15 PM – 2:55 PM

Session 2 (Contd.....) Effective Counselling Strategies in Diabetes

Chairperson:



Niti Desai



Ranjani Harish

2:15 PM – 2:35 PM

Counselling in Pregnancy with Diabetes



Shailaja Kale

2:35 PM – 2:55 PM

Improving adherence in Type 2 DM



Purvi Chawla

2:55 PM – 3:15 PM

Session 3 Factors Impacting Optimum Diabetes Care

Chairperson:



Shobha Udipi

2:55 PM – 3:15 PM

Role of education in optimising diabetes care



Niti Desai

3:15 PM – 3:55 PM

Session 4 Follow Up Strategies in the Treatment of Co-Morbidities in Diabetes

Chairperson:



Anand Gokani



**Shaival
Chandalia**

3:15 PM – 3:35 PM

Follow up strategies for Hypertension and Dyslipidemia



Debasis Basu

3:35 PM – 3:55 PM

Follow up strategies for weight control and tobacco abuse



Manju Panda

Scientific Programme

THEME: LIVING HAPPILY WITH DIABETES

DAY 2: MAY 7, 2023, SUNDAY

Time: 9:00 AM – 12:00 PM

| | | |
|-----------------------|---|--|
| 9:00 AM - 10:00 AM | Session 1 Evaluation of Methods used in Monitoring Diabetes | Chairperson:  Hemraj B. Chandalia  Lotika Purohit |
| 9.00 AM - 9.20 AM | Glycemic control: Role of SMBG |  Shaival Chandalia |
| 9.20 AM – 9.40 AM | Glycemic control: Role of HbA1c |  Sonal Modi |
| 9.40 AM – 10.00 AM | Time-in-Range and optimal use of CGMS |  Gopika Krishnan |
| 10:00 AM - 11:00 AM | Session 2 Prevention Strategies in Diabetes | Chairperson:  Debasis Basu  Shehla Shaikh |
| 10.00 AM - 10.20 AM | Intrauterine prevention strategies for Primordial prevention |  Meenakshi Bajaj |
| 10.20 AM - 10.40 AM | Prevention strategies in Pre-diabetes: Primary prevention |  Sanjay Agarwal |
| 10.40 AM - 11.00 AM | Prevention strategies in Type 2 diabetes: Secondary prevention and reversal |  Priyangee Lahiry |
| 11:00 AM - 12.00 noon | Session 3 Foot Problems in Diabetes | Chairperson:  Priyangee Lahiry  Dhimant Goleria |
| 11.00 AM - 11.20 AM | Prevention of Foot problems |  Zankhana Shetty |
| 11.20 AM - 11.40 AM | Early detection of Foot problems |  Alison Biju |
| 11.40 AM - 12.00 noon | Management of Foot with moderately severe sensory loss |  Arun Bal |
| 12:00 noon – 12:15 PM | VOTE OF THANKS | |

Faculty List

Sanjay Agarwal

Meenakshi Bajaj

Arun Bal

Debasis Basu

Shubhda Bhanot

Alison Biju

Hemraj B Chandalia

Shaival Chandalia

Purvi Chawla

Niti Desai

Charu Dua

Anand Gokani

Dhimant Goleria

Ameya Joshi

Ranjini Harish

Vibha Hasija

Shailaja Kale

Gopika Krishnan

Priyangee Lahiry

Subhadra Mandalika

Sonal Modi

Benny Negalur

Vijay Negalur

Manju Panda

Lotika Purohit

Sheryl Salis

Archana Sarda

Prajakta Shailendra

Shehla Shaikh

Rishi Shukla

Zankhana Shetty

Shobha Udipi

Dear Colleagues

It gives us great pleasure to extend a warm invitation to you for the 9th Annual Conference of Association of Diabetes Educators (India).

ADECON 2023 is a two-day conference that is being held on 6th and 7th of May 2023, in virtual mode.

Living happily with diabetes is absolutely possible by empowering people with diabetes through education in all areas of diabetes care. This includes eating right, appropriate physical activity, taking medications correctly and self-monitoring with a very positive frame of mind to ensure happy life.

Since diabetes educators play a pivotal role in management of diabetes, this conference will update your knowledge in all areas of diabetes education so that you can arm your patients confidently with all the latest tools available. For this we have some of the best national faculty.

This conference is suitable for dietitians, nurses, pharmacists and physiotherapists. Undergraduate students can attend this meeting to learn about the subject while exploring this field.

The faculty will consist of eminent diabetes educators, endocrinologists and diabetologists.

We look forward your participation in ADECON 2023

NATIONAL EXECUTIVE COMMITTEE MEMBERS OF ASSOCIATION OF DIABETES EDUCATORS (INDIA)

President: Dr (Prof) H. B Chandalia, Mumbai

Vice President: Dr (Prof)Shobha Udipi, Mumbai, Ms Salome Benjamin, Mumbai

Secretaries: Ms Niti Desai, Mumbai, Ms Kavita Gupta, Nagpur

Treasurer: Dr Meenakshi Bajaj, Chennai

Executive Committee Members

Dr Shaival Chandalia, Mumbai; Ms Sonal Modi, Mumbai; Ms Shubhda Bhanot, New Delhi; Dr Meenakshi Bajaj, Chennai; Ms Priyangi Lahiri, Kolkata; Ms Megha Gupta, New Delhi.

ADECON 2023

Conference Secretariat

Patron: Dr HB Chandalia

Organising Committee:

| | |
|---------------------|---------------------------------------|
| Chairpersons | Dr Anand Gokani |
| Secretaries | Ms Niti Desai |
| Members | Ms Zankhana Shetty Ms Sheryl Salis |
| Advisors | Dr Meenakshi Bajaj |

Scientific Committee:

| |
|----------------------|
| Dr Shobha Udipi |
| Ms Sonal Modi |
| Ms Shubhda Bhanot |
| Ms Priyangee Lahiri |
| Dr Benny Negalur |
| Dr Shaival Chandalia |

REGISTRATION FEES: -

| | Till May 4, 2023 (Inclusive of all taxes) | Spot Registration (Inclusive of all taxes) |
|------------|--|---|
| Member | 372 | 620 |
| Non member | 620 | 861 |
| Student | Free | 372 |

- You are advised to apply for membership by filling and uploading the application form available on the website <https://www.diabeteseducatorsindia.com>

Payment details:

- All payments to be made through the registration link.
- Please consider applying for membership simultaneously.
Refer to website <https://www.diabeteseducatorsindia.com> for eligibility criteria.
- Kindly fill the membership form and upload on the ademembers@gmail.com with the required fees.

Association of Diabetes Educators

9th Annual Conference

In Virtual Mode

REGISTRATION FORM

Name: _____ DOB: _____

Address: _____

Educational Qualification: _____

Work Experience: _____

Currently employed at: _____

Contact No: _____ Email id: _____

Member of ADE If YES _____ Membership No: _____

NO _____ Membership applied _____



Click Here to Register / Login

Certificate of attendance will be provided to only those delegates who attend the entire conference

**For Membership / Conference related queries
Please write to adecon523@gmail.com**

or

Contact


**For Login: Vismay Gandhi - +91 6358860194
For Registration: Sminal Patil - +918788131863**

Organised by:



Registered Office

18 Kala Bhavan, Mathew Road,
Mumbai 400 004, India

 23633695

Digital Partner


your CME network