



Help Defeat Diabetes Trust



Jaslok Hospital & Research Centre

# VIRTUAL CONFERENCE ON **CURRENT INSULIN THERAPY**

## Centennial Celebrations of Insulin Discovery



## **PARTICIPANTS PROSPECTUS** **9<sup>th</sup> & 16<sup>th</sup> January 2021**



Association of Diabetes Educators



Dr. Chandalia's DENMARC  
Diabetes Endocrine Nutrition  
Management and Research Centre.

# WELCOME MESSAGE

## ***Cordial Wishes from Help Defeat Diabetes Trust and Jaslok Hospital!***

It is our pleasure to inform you that we have planned a virtual conference on '**Current Insulin Therapy**' to celebrate **2021**, the **Centennial Year of Insulin Discovery**.

Insulin initiation is often delayed because of the perceptions of the public as well as the treating physicians that it is a painful and cumbersome treatment modality which frequently causes hypoglycemia. In order to accord the rightful place to this important molecule, we need to dispel the wrong perceptions and remove inhibitions of treating physicians in using this extremely effective modality of treatment.

Our objectives are to enhance the skills and confidence of physicians and diabetes educators in the handling of this molecule, thus positioning it in its rightful place amongst the vast array of treatments options available for diabetes. These sessions will enable practising physician to choose the right insulin for their patients and to deploy it in an effective manner.

In order to achieve our objectives, we have planned 2 sessions of 3 hours each on the **9<sup>th</sup> & 16<sup>th</sup> of January, 2021 from 4.00 pm to 7.00 pm**. We have assembled a program with highly accomplished Endocrinologists and Diabetologists on our faculty. The program is designed to be highly interactive.

This virtual meet is accredited by the Maharashtra Medical Council for 1 credit hour for each session (total 2 hours) and will give each attendee and industry partner a feeling of attending a real live conference.

This will be an excellent opportunity to meet leading physicians and scientists in the field of diabetes research and industry; and learn about the latest technological advances in the field of diabetes.

*We also have a virtual exhibition area for our esteemed delegates which will provide an immersive and interactive way to connect, collaborate and associate with the industry.*

*It is an opportunity not to be missed; so sign up for a fruitful and clinically relevant learning, enhancing your connectivity and expanding the horizons of your professional work.*

***Register Now!***

**Dr. Prof. Hemraj Chandalia,**

Organizing Chairman, Mumbai.

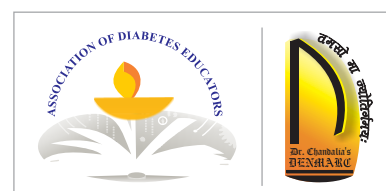


Dr. Prof. Hemraj Chandalia,  
Organizing Chairman, Mumbai.

Organised by



Participating Organisations



## NATIONAL FACULTY



Dr. Sanjay Agarwal,  
Pune



Dr. Prof. Hemraj Chandalia,  
Organizing Chairman, Mumbai.



Dr. Anant Nigam,  
Jaipur



Dr. Sonal Modi,  
Mumbai



Dr. Rajeev Kovil,  
Mumbai



Dr. Shaival Chandalia,  
Mumbai



Dr. Archana Sarda,  
Aurangabad



Dr. Jothydev Kesavadev,  
Kerala



Dr. Shaileja Kale,  
Pune



Dr. Rajesh Rajput,  
Haryana



Dr. Rajeev Chawla,  
New Delhi

## CHAIRPERSONS/PANELISTS



Dr. Samar Banerjee,  
Kolkata.



Dr. Mangesh Tiwaskar,  
Mumbai.



Dr. Subhankar Chowdhury,  
Kolkata.



Dr. Ambrish Mithal,  
Gurgaon.



Dr. S V Madhu,  
New Delhi.



Dr. Vijay Panikar,  
Mumbai.



Dr. Niti Desai,  
Mumbai



Dr. Shubhda Bhanot,  
Gurgaon



Dr. Ashok Kumar Das,  
Puducherry



Dr. Awadhesh Singh,  
Kolkata



Dr. Debasis Basu,  
Kolkata



Dr. Dhruv Singh,  
Mumbai

## CHAIRPERSONS/PANELISTS



Dr. A. G. Unnikrishnan,  
Pune



Dr. P. G. Talwalkar,  
Mumbai



Dr. Banshi Saboo,  
Ahmedabad



Dr. Sunil Jain,  
Indore



Dr. Sunil Gupta,  
Nagpur



Dr. Rajeev Chawla,  
New Delhi



Dr. Krishna Sheshadri,  
Chennai



Dr. Manoj Chadha,  
Mumbai.



## SCIENTIFIC SESSIONS

### Current Insulin Therapy

January 09<sup>th</sup> 2021

4.00 pm TO 7.00 pm

Time	Topic	Speaker	Chairpersons/ Panelists)
4pm (24 min: Speaker 11 min: Chairpersons/Panelists)	Pharmacology of Insulin  Discussion	Sanjay Agarwal	Samar Banerjee Mangesh Tiwaskar
4:35 pm (24 min: Speaker 11 min: Chairpersons/Panelists)	Indications of Insulin Therapy, Choosing Appropriate Insulin  Discussion	Rajeev Kovil	Subhankar Chowdhury Ambrish Mithal
5:10 pm (24 min: Speaker 11 min: Chairpersons/Panelists)	Insulin Regimens in T2DM: Initiation, Optimisation Intensification and Maintenance  Discussion	Anant Nigam	S. V. Madhu Vijay Panikar
5:45 pm (24 min: Speaker 11 min: Chairpersons/Panelists)	Educating a Diabetic on Effective and Safe Insulin Therapy  Discussion	Sonal Modi	Niti Desai Shubhda Bhanot
6:20 pm (24 min: Speaker 11 min: Chairpersons/Panelists)	Insulin Therapy in Type 2 DM  Discussion	Hemraj Chandalia	Ashok Kumar Das Awadhesh Singh
7:00 pm	End		

### Public Education Session on

January 10<sup>th</sup> 2021 at

11 am to 12.30 pm on

**Topic: Centennial of Insulin Discovery,  
A fascinating journey for People with Diabetes**

# SCIENTIFIC SESSIONS

## Current Insulin Therapy

January 16<sup>th</sup> 2021

4.00 pm TO 7.00 pm

Time	Topic	Speaker	Chairpersons/ Panelists)
4 pm (24 min: Speaker 11 min: Chairpersons/Panelists)	Insulin Therapy in Hospitalised and Critically Ill Patients  Discussion	Shaival Chandalia	Debasis Basu Dhruv Singh
4:35 pm (24 min: Speaker 11 min: Chairpersons/Panelists)	Insulin Therapy in Type 1 DM  Discussion	Archana Sarda	A. G. Unnikrishnan P. G. Talwalkar
5:10 pm (20 min: Speaker 10 min: Chairpersons/Panelists)	Insulin Pump Therapy  Discussion	Jothydev Kesavadev	Banshi Saboo Sunil Jain
5:45 pm (18 min: Speaker 8 min: Chairpersons/Panelists)	Insulin Therapy in Pregnancy  Discussion	Shaileja Kale	Sunil Gupta
6:11 pm (18 min: Speaker 8 min: Chairpersons/Panelists)	Insulin Therapy in the Elderly  Discussion	Rajesh Rajput	Rajeev Chawla
6:37 pm (18 min: Speaker 8 min: Chairpersons/Panelists)	Insulin therapy in DKA & HONKS  Discussion	Rajeev Chawla	Krishna Sheshadri Manoj Chadha
7:00 pm	End		

**Maharashtra Medical Council Accreditation**  
**1 MMC credit point accredited for virtual conference per day**

## ABOUT THE CME

Insulin is a life-saving drug for type 1 diabetics. About 30-40% of type 2 diabetics, with increasing duration of their disease, also require insulin for optimal glycemic control. In Type 2 diabetics, Insulin initiation is often delayed because of the perceptions of the public as well as the treating physicians that it is a painful and cumbersome treatment modality which frequently causes hypoglycemia. In order to accord the rightful place to this important molecule, we need to dispel these wrong perceptions and remove inhibitions of treating physicians in using this extremely effective modality of treatment. Our plan is to enhance the skills and confidence of physicians and diabetes educators in the handling of this molecule, thus positioning it in its rightful place amongst the vast array of treatments options available for diabetes.

The pharmaceutical industry very enthusiastically disseminates the information about the novel insulin preparations designed by them. However, a critical analysis of this information for the practising physician enabling him/her to choose the right insulin for his/her patients and to deploy it in an effective manner is not discussed in most of these CME's. The objective of this CME is to bridge this gap.

## LEARNING OBJECTIVES

This CME offers an opportunity for the attendee to learn the pharmacological properties and action profile of all currently available insulins and the criteria to be used in the selection of appropriate insulin. S/he will learn the initiation, titration, intensification and maintenance of insulin therapy. S/he will be able to select the appropriate regime for a given patient. As hypoglycemia is the main barrier to insulin therapy, s/he will learn to minimize the incidence of hypoglycemia with all types of Insulins by using insulin sensitisers and safe insulin regimes.



## REGISTRATION FEES

1. Medical Practitioners - Rs. 1000 + 18% GST
2. Students - Rs. 500 + 18% GST

## HOW TO REGISTER

To register online, click on the link <http://cmefi.onference.live/diabetes100/> and complete the registration and payment process.

## CME MANAGERS

**CMEFI Foundation of India**

**DR. SUNIL PANDEY**

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