

ASSOCIATION OF DIABETES EDUCATORS

in collaboration with HDDT

10th Annual Virtual Conference

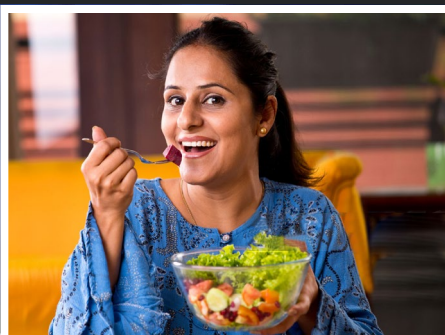
**Bridging Gaps and Building Knowledge in
Diabetes Education**

ADECON 2024

14th & 15th December 2024

★ *Eminent Faculty* ★ *Didactic Lectures*

★ *Workshop on Insulin Therapy: Making it Safe and Effective*



Conference Secretariat

Patron: Dr. (Prof) H.B. Chandalia

Chairpersons

Dr. (Prof) H.B. Chandalia

Dr. Shobha Udipi

Secretaries:

Scientific Committee

Dr. Meenakshi Bajaj

Ms. Sonal Chandalia

Organizing Committee

Ms. Sonal Chandalia

Dr. Meenakshi Bajaj

Scientific Programme

DAY 1

14th December 2024, Saturday
Time: 2:30 PM – 5:45 PM

2:30 PM - 5:45 PM	Chairpersons:	
		Meenakshi Bajaj
		Debasis Basu
		H. B. Chandalia
Workshop On Insulin Therapy: <i>Making It Safe and Effective</i>		
2:30 PM - 2:50 PM	Choosing Appropriate Insulin	 Ameya Joshi
2:50 PM - 3:10 PM	Patient Initiation & Education	 Shubhda Bhanot
3:10 PM - 3:30 PM	Tackling Insulin Resistance in Type 2 Diabetics	 Kavita Gupta
3:30 PM - 3:50 PM	Insulin Titration	 Sheryl Salis
3:50 PM - 4:10 PM	Optimum Insulin Regime	 Shaival Chandalia
4:10 PM - 4:30 PM	Minimizing Hypoglycemia	 Sudip Chatterjee
4:30 PM - 5:00 PM	Once Daily Insulin in Clinical Practice: <i>Looking through the Patient's view: Clinical Case Studies</i>	 Rahul Baxi
5:00 PM - 5:45 PM	Audience Participation & Discussion	

Scientific Programme

DAY 2

15th December 2024, Sunday

Time: 9:00 AM – 4:55 PM

9:00 AM - 9:30 AM

Session 1

Nutrition Bytes I

Chairpersons:



Anuradha Mukherjee



Vibha Hasija

9:00 AM - 9:15 AM

Chrono-nutrition:
From Principles to Practice



Niti Desai

9:15 AM - 9:30 AM

Nutritional Strategies to Reduce
Post-Prandial Hyperglycemia



Priyangee Lahiry

9:30 AM - 9:45 AM

INAUGURAL SESSION

9:45 AM- 10:55 AM

Session 2

Diabetes Education & Counselling

Chairpersons:



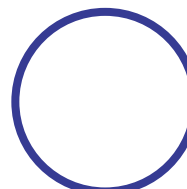
Anuj Maheswari



Shobha Udipi

9:45 AM - 10:05 AM

Role of Artificial Intelligence
in Diabetes Education and
Management: *Will AI Replace
Diabetes Educators?*



TBA

10:05 AM - 10:25 AM

Role of Behavioral Medicine in
Diabetes Management



**Sreemoyee Tarafder
Chattopadhyay**

10:25 AM - 10:45 AM

Managing Diabetes on Sick Days:
*Effective Strategies for Type 1
and Type 2 Diabetes*



Meena Chhabra

10:45 AM- 10:55 AM

Discussion

10:55 AM - 12:05 PM

Session 3

Prevention

Chairpersons:



Vijay Vishwanathan



H. B. Chandalia

10:55 AM - 11:15 AM

Diabetes Reversal: *Hype Hope
or Happening*



Purvi Chawla

11:15 AM - 11:35 AM

Prevention of Foot Problems in
Diabetes



Rajiv Kovil

11:35 AM - 11:55 AM

The 4th Trimester: *Window of
Opportunity for Prevention of
T2DM in GDM Patients*



Debasis Basu

11:55 AM - 12:05 PM

Discussion

12:05 PM - 12:55 PM

Session 4

Exercise

Chairpersons:



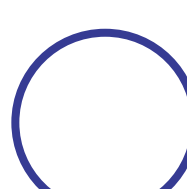
Niti Desai



Rakesh Kumar

12:05 PM - 12:25 PM

Individualizing Exercise
Prescription in People with
Diabetes



TBA

12:25 PM - 12:45 PM

Individualizing Exercise
Prescription in People with
Diabetes with Complications

- *Physical Problems (Osteoarthritis Knees, Hip; Neuropathy)*
- *Cardiovascular & Pulmonary Complications*



Ashish Contractor

12:45 PM - 12:55 PM

Discussion

12:55 PM - 1:40 PM	Chairpersons:	
	Session 5	Arpita Ghosh Deb
	Nutrition Bytes II	Ratnaraje Thar
12:55 PM - 1:10 PM	Non-Nutritive Sweeteners	Meenakshi Bajaj
1:10 PM - 1:25 PM	Diabetic Gastroparesis: <i>Nutritional Approaches</i>	Sanghamitra Chakravarti
1:25 PM - 1:40 PM	Individualizing Protein Prescription in Diabetic Kidney Disease	Zamurrud Patel
1:40 PM - 2:10 PM	LUNCH BREAK	
2:10 PM - 3:00 PM	Chairpersons:	
	Session 6	Sudip Chatterjee
	Monitoring & Evaluation	Shaival Chandalia
2:10 PM - 2:30 PM	Glycemic Sixer: <i>From Tools to Target</i>	Gaurab Bhaduri
2:30 PM - 2:50 PM	Fallacies of Glycemic Monitoring Technology: <i>SMBG, HbA1c and CGMS</i>	Vijay Negalur
2:50 PM - 3:00 PM	Discussion	
3:00 PM - 3:50 PM	Chairpersons:	
	Session 7	Sonal Chandalia
	Diabetes & Gastrointestinal Conditions	H. B. Chandalia
3:00 PM - 3:20 PM	MAFLD and Type 2 Diabetes: <i>Exploring the Link and Management Strategies</i>	A Shanmugam
3:20 PM - 3:40 PM	Gut Health: <i>Unveiling the Microbiome's Role in Obesity</i>	Rajesh Rajput
3:40 PM - 3:50 PM	Discussion	
3:50 PM - 4:40 PM	Chairpersons:	
	Session 8	Rishi Shukla
	Miscellaneous	C.R. Anand Moses
3:50 PM - 4:10 PM	The Overlooked Connection: <i>Addressing Sleep Apnea in Type 2 Diabetes</i>	Rajiv Mathur
4:10 PM - 4:30 PM	Deeper Insights into Adverse Effects of SGLT2 Inhibitors in Diabetes	V Mahadevan
4:30 PM - 4:40 PM	Discussion	
4:40 PM - 4:50 PM	Announcement of Awards	Shobha Udipi
4:50 PM - 4:55 PM	Vote of Thanks	Sonal Chandalia

“Certificate of Participation for
 the 10th Annual Conference, ADECON 2024
 will be provided to delegates on successful completion of
 the one-and-a-half-day conference”

Faculty List

Meenakshi Bajaj

Gaurab Bhaduri

Hemraj B. Chandalia

Sudip Chatterjee

Meena Chhabra

Niti Desai

Ameya Joshi

Priyangee Lahiry

Rajiv Mathur

Vijay Negalur

Sheryl Salis

Ratnaraje Thar

Debasis Basu

Shubhda Bhanot

Shaival Chandalia

Sreemoyee Tarafder
Chattopadhyay

Ashish Contractor

Kavita Gupta

Rajiv Kovil

V. Mahadevan

C.R. Anand Moses

Zamurrud Patel

A. Shanmugam

Shobha Udipi

Rahul Baxi

Sanghamitra Chakravarti

Sonal Chandalia

Purvi Chawla

Arpita Ghosh Deb

Vibha Hasija

Rakesh Kumar

Anuj Maheshwari

Anuradha Mukherjee

Rajesh Rajput

Rashi Shukla

Vijay Vishwanathan

Dear Colleagues!

It gives us great pleasure to extend a warm invitation to the 10th Annual Conference of Association of Diabetes Educators

ADECON 2024 is a one-and-a-half-day conference that is being held on 14th and 15th December 2024 in virtual mode.

Bridging gaps and building knowledge in diabetes education is possible by empowering diabetes educators through education in all areas of diabetes care. Since diabetes educators play a pivotal role in management of diabetes, this conference will update your knowledge in all areas of diabetes education so that you can arm your patients confidently with all the latest tools available. For this, we have some of the best national faculty.

This conference is suitable for dietitians, nurses, pharmacists and physiotherapists. Undergraduate students can attend this meeting to learn about the subject while exploring this field.

The faculty will consist of eminent diabetes educators, endocrinologists and diabetologists.

We look forward to your participation in ADECON 2024

NATIONAL EXECUTIVE COMMITTEE MEMBERS OF THE ASSOCIATION OF DIABETES EDUCATORS

President: Dr (Prof) H. B Chandalia, Mumbai

Vice President: Dr (Prof) Shobha Udipi, Mumbai & Ms Salome Benjamin, Mumbai

Secretaries: Ms Niti Desai, Mumbai & Dr Kavita Gupta, Nagpur

Treasurer: Dr Meenakshi Bajaj, Chennai

Executive Committee Members

Dr Shaival Chandalia, Mumbai; Ms Sonal Chandalia, Mumbai; Ms Shubhda Bhanot, New Delhi; Dr Meenakshi Bajaj, Chennai; Ms Priyangi Lahiry, Kolkata; Ms Megha Gupta, New Delhi.

ADECON 2024

Conference Secretariat

Patron: Dr. (Prof) H.B. Chandalia

Chairpersons

Dr. (Prof) H.B. Chandalia

Dr. Shobha Udipi

Secretaries:

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Dr. Meenakshi Bajaj

Ms. Sonal Chandalia

Organizing Committee

Ms. Sonal Chandalia

Dr. Meenakshi Bajaj

REGISTRATION FEE

	EARLY BIRD OFFER valid upto 30 th November 2024 12:00 AM Midnight IST (Inclusive of all taxes)	REGULAR From 12:00 AM IST on 1 st December 2024 & Spot Registration (Inclusive of all taxes)
Member	Rs. 620	Rs. 999
Non-member	Rs. 995	Rs. 1250

Payment details:

- All payments to be made through the registration link.

For Membership:

- Non-members are advised to apply for membership simultaneously with registration by filling and uploading the application form before checking the eligibility criteria available on <https://www.diabeteseducatorsindia.com/>
- After filling the membership form, kindly upload on the ademembers@gmail.com with the required fee

Association of Diabetes Educators

10th Annual Virtual Conference

REGISTRATION FORM

Name: _____ DOB: _____

Address: _____

Educational Qualification: _____

Work Experience: _____

Currently employed at: _____

Contact No: _____ Email id: _____

Member of ADE If YES _____ Membership No: _____

NO _____ Membership applied _____

Certificate of attendance will be provided to only those delegates who attend the entire conference

For Membership / Conference Related Queries

Please write to ademembers@gmail.com

or

IT Related Queries

For Login: Vismay Gandhi - +91 6358860194

For Registration: Sminal Patil - +918788131863

Organised by:



Registered Office:

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Mumbai 400 004, India

 23633695

Digital Partner

